

Dear Camp Henry Camper and Families,

My name is Kathryn Florack, and on behalf of Camp Henry, WELCOME!! HELLO!! THANK YOU FOR CHOOSING CAMP HENRY!! I first started attending Camp Henry at the young age of 11, following in my older brother's footsteps. Many years and laughs, later I am delighted to continue on this journey, especially alongside you and your child! I know that Camp Henry is a place to have ridiculous amounts of fun, make lifelong friends, learn to enjoy and appreciate our natural world, and to explore oneself and one's faith in a safe, welcoming, and beautiful setting. THANK YOU for signing up for this amazing adventure! 2017 is going to be an AWESOME year! If you can't tell, we are very excited for the summer to begin, as we hope you are too!

Included in this packet you will find helpful information for your week at camp, such as our Check In/Check Out Guide, Directions, Information about Bunk1 (a way to view pictures and send emails to your child during their session) and Directions to Camp Henry!

All necessary health forms and authorizations are to be completed online; they are found in your account with CampDoc once you register. (Exceptions are made in certain situations, please contact us if you need this type of assistance).

We strive to make the registration process as painless and straightforward as possible! We are more than happy to help answer questions or troubleshoot any problems. Please do not hesitate to contact us! You can reach me at 828-475-9264 or director.camphenny@gmail.com.

Thank you again! We look forward to seeing you at camp this summer!!

Have a beautiful day!

Kathryn Florack - Camp Henry Director
828-475-9264

25 Wormy Chestnut Lane
Canton, NC 28716 (Local)

900B CentrePark Dr
Asheville, NC 28805



What to expect on "Check In Day"

Check in begins at **3:00 p.m.** on the first day of your campers' program. Please try to be on time (not too early or too late) as this will help get our program started smoothly. If you are not able to be on time for check in, please contact our office to notify us. When you enter the Lake Logan campus, please follow the signs for parking and Camp Henry check in. There will likely be a friendly counselor directing traffic and answering any questions you may have.

You will first meet the a couple of helpful Camp Henry Staff members who will check you in (making sure all paperwork and payments are complete) and give your camper their cabin assignments. At this time, your camper will be asked about any medications, allergies, illnesses, and recent or reoccurring injuries.

If needed, you will then check in with the camp healthcare provider (a licensed nurse or doctor registered in the state of North Carolina). ****If you need to discuss anything with the healthcare provider in private, we are happy to accommodate your needs. ALL medications, vitamins, and supplements must be left with the healthcare provider. We will be sure to administer medications at the time that you specify.**

Next you will receive your camp shirt and water bottle. We suggest that you label these items immediately so that if they are lost we can return them to you.

After receiving your camp shirt and water bottle, your camper will receive a lice check.

You will meet one of your counselors during the check in process. They will assist campers and families to the cabins and help campers get settled in. Parents and families are invited to help carry luggage, help campers get settled in, and tour the cabins. You know your camper best so please decide whether saying, "have a great time at camp" after check in or at the cabins is the best course of action.



What to Expect on "Check Out Day"

Check out is promptly at **10:00 a.m.** on the last day of your campers' program (Saturday). Please be on time, you may arrive a little early if you wish, but we do ask that you wait at the check out area for campers to come down from their cabins. This will enable us to clean and pack up with much more efficiency. Please follow signs and/or directions for parking. When check out begins, you will sign your camper out, receive a camp sticker, receive medications (if applicable), and check the "lost and found" table for any items that your camper may have misplaced. During this time your camper(s) will meet you and you may retrieve their luggage. We wish you a safe trip home and hope to see you the next summer.

*Please note that the Camp Store will be open at Check In and Check Out if you or your camper(s) would like to purchase any Camp Henry merchandise.



Transportation Information

Camp Henry is located at Lake Logan Conference Center in Canton, NC. For directions, you can use our address:

25 Wormy Chestnut Ln, Canton, NC 28716.

***The cell service as you approach Lake Logan is EXTREMELY LIMITED!! So be sure to download or print off directions before you leave.

Here's a map and directions to assist!



From the East (Asheville—1-40 West)

- Travel on I-40 West to Exit #37 (E Canton).
- Turn left at the bottom of the ramp.
- At red light turn right on Hwy 19/23 South.
- Travel 4.8 miles to 2nd traffic light in downtown Canton.
- Veer right across intersection to remain on 19/23 South.
- Travel only 0.2 mi. (about 5 blocks).
- Turn left on Hwy 110 South (Sorrels St) just before bridge.
- Travel 5.4 mi. to traffic light at Hwy 276.
- Go straight onto Hwy 215 South.
- Travel 2.8 mi. to Lake Logan Road. Turn left.
- Travel 3.6 mi. to Lake Logan Conference Center

FROM THE WEST (KNOXVILLE -I-40 EAST)

- Travel on I-40 East to Exit #31.
- Turn right at bottom of ramp (Hwy 215).
- At the intersection of Hwy 215 & Hwy 19/23, turn left.
- Travel .7 mile and Hwy 215 veers to the right.
- Travel 6 miles on Hwy 215 to Hwy 276.
- Turn left in front of Bethel Grocery, go 1 mile.
- Turn right onto Lake Logan Road (just past Bethel Grocery),
- Travel 6, miles on Lake Logan Road to the main entrance of Lake Logan Episcopal Center

FROM THE SOUTH (ATLANTA)

- Travel East on Hwy 23/74 to Exit #98 (W. Waynesville).
- Turn right at bottom of ramp. Travel 1/10 of a mile.
- Turn left onto Hwy Business 23.
- Travel 2.0 miles into Waynesville.
- Turn right onto Hwy 276 South and travel 5.7 miles.
- Turn right onto Lake Logan Road (just past Bethel Grocery).
- Travel 5.8 miles to Lake Logan Episcopal Center.

Drop Off and Pick Up Times and Locations

On the first day of your campers' program, registration will **begin promptly at 3:00 p.m.** and will last until 5:00 p.m. There will be signs that direct you to Check In when you enter Lake Logan/Camp Henry property. If for some reason you plan or anticipate arriving at camp later than 5:00 p.m., please contact the Camp Henry office to arrange for one of our staff members to meet you. Please also respect the time and space that our staff need to prepare for your arrival, and do not plan on showing up too early. You may help your camper take their luggage to their cabin after they are registered.

On the last day of your campers' program, **pick up will be at 10:00 a.m.** and will take place at the craft pavilion. Please follow signs to the pick up area when you enter Lake Logan/Camp Henry property. Your camper's luggage will be near the pick up area and please feel free to load it into your car. **HOWEVER** it is **VERY IMPORTANT** that you **DO NOT** leave without signing your camper out first. Please remember to take home any medications you dropped off with our Camp Nurse and to check the lost and found before you go.

In the event that a Drop off or Pick up time and/or location has changed Camp Henry will notify you by email and phone.



Packing Checklist - 2 Weeks

We recommend that you label all items!

Please note that clothes should cover many occasions (although mostly active), and it is possible that they will get very dirty,

As a 2-week participant, it is particularly important to be prepared! So please close attention to the recommended items.

Laundry facilities will be made available at least once during their session.

Clothing/Footwear

Shirts (several)
Shorts (several)
Pants (few pairs)
Belt (as needed)
"Nice" outfit for Friday night dance/
Eucharist Celebration (optional)
Jacket/Heavy Sweater (ideally a couple,
at least one)
Socks (more pairs than days)
Sweatshirts
Undergarments
Pajamas
Swimsuits (must be appropriate)
Raincoat or poncho
Tennis Shoes (strongly recommend 2
pairs)
Sturdy/hiking shoes (1 pair, optional)
Sandals (1 pair) *Strongly suggest
sandals with ankle straps

Toiletries

Tooth brush/toothpaste
Shampoo/conditioner
Soap/body wash
Deodorant
Other personal/hygienic items
Medications (optional/as needed, Camp
Henry provides basic first aid, but if
your child takes regular medication/
has emergency medications, please
drop those off with the nurse at check
-in!)

If you have any questions, please contact us at campheny@diocesewnc.org or at 828-475-9264.

Equipment and Gear

Sleeping Bag/Sheets & Blanket (1)
Pillow/pillowcase (1)
Bath Towels (2)
Beach Towels (2)
Backpack
Flashlight/headlamp & extra batteries
Extra bag (for dirty clothes)
Bug spray, Sunscreen!

Other (Optional)

Books
Stationary (please provide your own stamps)
Journal/Drawing Pad
Pen/Pencil
Cards
Sleeping Pad
Sunglasses
Camera

WHAT NOT TO BRING

FOOD/CANDY!!

Cell phones, iPods, personal electronics, including gaming devices

Revealing and/or offensive clothing

Firearms, fireworks, other weapons

Inappropriate music or magazines

Tobacco products, illegal drugs, alcohol and non-prescription drugs (possession of any of these substances might be cause for early dismissal!)

Camp Henry is not responsible for valuables.



KEEP UP WITH CAMP ALL SUMMER LONG!

See what's happening this summer with the **Camp Henry at Lake Logan** private photo gallery, then send messages using Bunk Notes. Your note will be delivered to the camp within 24 hours. No need to wait for snail mail: Bunk1 makes it easy to communicate with your child. Follow Bunk1 on [Facebook](#) and [Twitter](#) for the latest updates and deals!

GET STARTED TODAY!

- Go to www.Bunk1.com
 - **RETURNING PARENTS** will login using their email address and password.
 - **NEW PARENTS** will click "[Need an account or have an invitation code?](#)" and complete the basic form. The Invitation Code for **Camp Henry at Lake Logan** is: **15CCH9710**
- You will be prompted to select a bundle for access to your Parent Portal. Bundles include credits for you to send Bunk Notes and enhance your notes with borders, photos, sports scores, and puzzles.

SENDING BUNK NOTES

Send Bunk Notes day or night! Your camp receives a pdf at **3am EST** each day containing all Bunk Notes received in the last 24 hours.

On the go? Purchase **Bunk Notes Express** and receive a unique email address for your camper. Simply send your camper an email and have it delivered as a Bunk Note.



SECURE SUMMER PHOTO GALLERY

Save Favorite Photos for easy access to pictures of your camper all year-round.

Share Photos to social media or email a photo to family & friends.

Customize Unique Photo Gifts such as photo books, mugs, calendars, phone cases and more.

Order high resolution digital downloads or prints.



FREQUENTLY ASKED QUESTIONS:

Can other relatives use these services? Absolutely! In your **Quick Links** you'll select **Invite Family Members**, enter their details and they will be sent an email. **PLEASE NOTE** this will prompt them to set up their own account. It does not provide them access to your account OR your Bunk Note Credits.

Questions or Problems? The Bunk1 team is available to support you 7 days a week during peak season. They guarantee a response within 24 hours and it's usually much quicker than that. Please call Bunk1 at 1-888-465-2267 or email support@bunk1.com.

For all the latest FAQ's related to the services above, visit www.bunk1family.com/faqs

