



Packing Checklist - 2 Weeks

We recommend that you label all items!

Please note that clothes should cover many occasions (although mostly active), and it is possible that they will get very dirty,

As a 2-week participant, it is particularly important to be prepared! So please close attention to the recommended items.

Laundry facilities will be made available at least once during their session.

Clothing/Footwear

Shirts (several)
Shorts (several)
Pants (few pairs)
Belt (as needed)
"Nice" outfit for Friday night dance/
Eucharist Celebration (optional)
Jacket/Heavy Sweater (ideally a couple,
at least one)
Socks (more pairs than days)
Sweatshirts
Undergarments
Pajamas
Swimsuits (must be appropriate)
Raincoat or poncho
Tennis Shoes (strongly recommend 2
pairs)
Sturdy/hiking shoes (1 pair, optional)
Sandals (1 pair) *Strongly suggest
sandals with ankle straps

Toiletries

Tooth brush/toothpaste
Shampoo/conditioner
Soap/body wash
Deodorant
Other personal/hygienic items
Medications (optional/as needed, Camp
Henry provides basic first aid, but if
your child takes regular medication/
has emergency medications, please
drop those off with the nurse at check
-in!)

If you have any questions, please contact us at campheny@diocesewnc.org or at 828-475-9264.

Equipment and Gear

Sleeping Bag/Sheets & Blanket (1)
Pillow/pillowcase (1)
Bath Towels (2)
Beach Towels (2)
Backpack
Flashlight/headlamp & extra batteries
Extra bag (for dirty clothes)
Bug spray, Sunscreen!

Other (Optional)

Books
Stationary (please provide your own stamps)
Journal/Drawing Pad
Pen/Pencil
Cards
Sleeping Pad
Sunglasses
Camera

WHAT NOT TO BRING

FOOD/CANDY!!

Cell phones, iPods, personal electronics, including gaming devices
Revealing and/or offensive clothing
Firearms, fireworks, other weapons
Inappropriate music or magazines
Tobacco products, illegal drugs, alcohol and non-prescription drugs (possession of any of these substances might be cause for early dismissal!)

Camp Henry is not responsible for valuables.